



PERSONAL INFORMATION

First Name: _____ M.I.: _____ Last Name: _____
 Preferred Name: _____ Social Security Number: _____
 Address: _____
 City / State / Zip: _____
 Cell Phone: () _____ Alternate Phone: () _____
 Text Reminders: Y N Before Appointment: 1 hr 4 hrs
 Email: _____ (for updates on office hours, events, ect.)
 Birth Date: _____ Age: _____
 Occupation: _____ Employer's Name: _____
 Marital Status: **S M D W Other** Spouse's Name: _____ # of Children: _____
 Children's Names & Ages: _____
 Who can we thank for referring you or how did you hear about LIFTED? _____

REASON FOR SEEKING CARE

What is your reason for seeking care at LIFTED Chiropractic? _____

 When did this begin? (If applicable) _____
 Are there any major injuries and/or surgeries we should know about? _____

 What is this affecting that is MOST important in your life? (List all that apply) _____

 Have you seen any other providers for this condition? (List all that apply) _____

 Have you seen a chiropractor before? **Yes No**
 How long ago? _____ Clinic/Doctor Name: _____
 What is your reason for the change? (If applicable) _____
 What is your level of commitment to yourself and your health? 1 2 3 4 5 6 7 8 9 10
 Explain: _____
 What health goal, if you were to complete or accomplish it, would have the greatest impact on your life? _____

HEALTH CONCERNS

- | | |
|--|---|
| <input type="checkbox"/> Anxiety/Depression | <input type="checkbox"/> Memory Problems |
| <input type="checkbox"/> Fatigue/Sleep Issues | <input type="checkbox"/> Loss of Balance |
| <input type="checkbox"/> Digestive Troubles | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Neck/Back Pain |
| <input type="checkbox"/> Nausea/Vomiting | <input type="checkbox"/> Stiffness/Flexibility |
| <input type="checkbox"/> Ringing in Ears | <input type="checkbox"/> Pain in Arms/Legs |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Sinus Troubles/Allergies |
| <input type="checkbox"/> Sensitivity to Light | <input type="checkbox"/> Irritability |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Loss of Concentration | _____ |
| <input type="checkbox"/> Arthritis | _____ |

Explain any boxes checked above or add additional concerns:

Is there anything else regarding your current condition you feel the doctor should know? _____

MEDICATIONS/SUPPLEMENTS

- | | |
|---|--|
| <input type="checkbox"/> Anxiety/Depression | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Migraine/Headache | <input type="checkbox"/> Muscle Relaxers |
| <input type="checkbox"/> Blood Pressure | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Cholesterol | <input type="checkbox"/> Supplements _____ |
| <input type="checkbox"/> Pain Narcotics | <input type="checkbox"/> Supplements _____ |
| <input type="checkbox"/> ADD/ADHD | |

Explain any boxes checked above _____

Did You Know...

Each health concern relates to a specific area of the spine and nervous system? Please circle below or enter the information to the left.



Headaches Migraines
Dizziness
Sinus Problems
Allergies Fatigue
Sleep Problems Head
Colds
Vision Problems
Difficulty
Concentrating
Hearing Problems
Asthma
Allergies
High Blood Pressure
Neck Pain
Arm Pain

Middle Back Pain
Congestion
Difficulty Breathing
Bronchitis
Pneumonia
Gallbladder
Conditions Stomach
Problems Ulcers
Gastritis
Kidney Problems
Indigestion

Constipation
Colitis
Diarrhea
Gas Pain
Irritable Bowel
Bladder Problems
Low Back Pain
Pain in legs
Reproductive
Problems

EMERGENCY CONTACT

First Name: _____ M.I.: _____ Last Name: _____

Address: _____

City / State / Zip: _____

Phone: () _____ Relation: _____

STRESS QUESTIONNAIRE

Most life stresses can be grouped into 3 main categories: Physical, Chemical, and Emotional Stress. Please check any of the following stresses you experience on a regular basis.

Physical Stress

- Physical Pain
 Low Energy/Fatigue
 Job/Hobbies Cause Discomfort
 Tightness/Stiffness
 History of Accidents/Injuries
 Inability to Exercise/Perform Physical Activities
 Other _____

Explain: _____

Chemical Stress

- Fast Food/Highly Processed Food
 Medications (Prescription or OTC)
 Consume Alcohol
 Tobacco
 Amalgam Fillings
 Makeup/Lotion/Other Skin Products
 Other

Explain: _____

Emotional Stress

- Work/Job
 School
 Health
 Finances
 Family
 Daily Schedule/Time
 Other

Explain: _____

What else about your health is it important for the doctors to know? _____

HEALTH GOALS

-----Example-----

<u>GOAL</u>	<u>DATE</u>	<u>SIGNIFICANCE</u>
Reduce Migraine Headaches	6/17	Vacation to Italy without daily migraines play with my grandkids without constant pain

<u>GOAL</u>	<u>DATE</u>	<u>SIGNIFICANCE</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

X-RAY AUTHORIZATION FORM

X-RAY AUTHORIZATION AS YOUR HEALTHCARE PROVIDER, WE ARE LEGALLY RESPONSIBLE FOR YOUR CHIROPRACTIC RECORDS. WE MUST MAINTAIN A RECORD OF YOUR X-RAYS IN OUR FILES. AT YOUR REQUEST, WE WILL PROVIDE YOU WITH A COPY OF YOUR X-RAYS IN OUR FILES. **THE FEE FOR COPYING YOUR X-RAYS ON A DISC IS \$15.00. THIS FEE MUST BE PAID IN ADVANCE.**

DIGITAL X-RAYS ON CD WILL BE AVAILABLE WITHIN 72 HOURS OF PREPAYMENT DURING REGULAR OPERATING HOURS. PLEASE NOTE: X-RAYS ARE UTILIZED IN THIS OFFICE TO HELP LOCATE AND ANALYZE VERTEBRAL SUBLUXATIONS. THESE X-RAYS ARE NOT USED TO INVESTIGATE FOR MEDICAL PATHOLOGY. THE DOCTORS OF LIFTED CHIROPRACTIC DO NOT DIAGNOSE OR TREAT MEDICAL CONDITIONS. HOWEVER, IF ANY ABNORMALITIES ARE FOUND, THEY WILL BE BROUGHT TO YOUR ATTENTION SO THAT YOU CAN SEEK PROPER MEDICAL ADVICE. BY SIGNING BELOW, YOU ARE AGREEING TO THE ABOVE TERMS AND CONDITIONS.

PRINT NAME _____ DATE _____

SIGNATURE _____ AGE _____

FEMALE PATIENTS ONLY: TO THE BEST OF MY KNOWLEDGE, I BELIEVE I AM NOT PREGNANT AT THE TIME X-RAYS ARE TAKEN AT LIFTED CHIROPRACTIC.

SIGNATURE _____ DATE _____

FOR OFFICE USE ONLY

ID # _____ V _____

DOB _____ P _____

ROF _____ A _____

OTHER _____ M ____/____ ____/____ ____/____ ____/____

Terms of Acceptance

To provide for the most effective healing environment, most effective application of chiropractic procedures, and the strongest possible doctor-patient relationship, it is our wish to provide each patient with a set of parameters and declarations that will facilitate the goal of optimum health through chiropractic.

To that end, we ask that you acknowledge the following points regarding chiropractic care and the services that are offered through this clinic:

- A. Chiropractic is a very specific science, authorized by law to address spinal health concerns and needs. Chiropractic is a separate and distinct science, art and practice. It is not the practice of medicine.
- B. Chiropractic seeks to maximize the inherent healing power of the human body by restoring normal nerve functions through the adjustment of spinal subluxation(s). Subluxations are deviations from normal spinal structures and configurations that interfere with normal nerve processes.
- C. The chiropractic adjustment process, as defined in the law of this jurisdiction, involves the application of a specific directional thrust to a region or regions of the spine with the specific intent of re-positioning misaligned spinal segments. This is a safe, effective procedure applied over one million times each day by doctors of chiropractic in the united states alone.
- D. A thorough chiropractic examination and evaluation is part of the standard chiropractic procedure. The goal of this process is to identify any spinal health problems and chiropractic needs. If during this process, any condition or question outside the scope of chiropractic is identified, you will receive a prompt referral to an appropriate provider or specialist, per the initial indications of the need.
- E. Chiropractic does not seek to replace or compete with your medical, dental, or other type(s) of health professionals. They retain responsibility for care and management of medical conditions. We do not offer advice regarding treatment prescribed by others.
- F. Your compliance with care plans, home and self-care etc., is essential to maximum and optimal health through chiropractic.
- G. We invite you to speak frankly to the doctor on any matter related to your care at this facility, its nature, duration or cost, in what we work to maintain as a supporting open environment.

By my signature below, I have read and fully understand the above statements.

All questions regarding the doctor's objective pertaining to my care in this office have been answered to my satisfaction. I therefore accept chiropractic care on this basis.

Signature _____ Date _____

Notice of Privacy Practices Acknowledgement

I understand that I have certain rights of privacy regarding my protected health information, under the Health Insurance Portability and Accountability Act of 1996 (HIPPA). I understand that this information can and will be used to:

- 1. Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
- 2. Obtain payment from third-party payers
- 3. Conduct normal healthcare operations, such as quality assessments and physicians certifications.

I acknowledge that I may request your NOTICE OF PRIVACY PRACTICE containing a more complete description of the uses and disclosures of my health information. I also understand that I may request, in writing, that you restrict how my private information is used to carry out treatment, payment, or healthcare operation. I also understand you are not required to agree to my requested restrictions, but if you agree, then you are bound to abide by such.

Signature _____ Date _____

INFORMED CONSENT

FOR CHIROPRACTIC CARE CHIROPRACTIC CARE, LIKE ALL FORMS OF HEALTHCARE WHILE OFFERING CONSIDERABLE BENEFITS MAY ALSO PROVIDE SOME LEVEL OF RISK. THIS LEVEL OF RISK IS MOST OFTEN VERY MINIMAL, YET IN RARE CASES, INJURY HAS BEEN ASSOCIATED WITH CHIROPRACTIC CARE. THE TYPES OF COMPLICATIONS THAT HAVE BEEN REPORTED SECONDARY TO CHIROPRACTIC CARE INCLUDES: SPRAIN/STRAIN INJURIES, IRRITATION OF A DISC CONDITION, AND RARELY, FRACTURES. ONE OF THE RAREST COMPLICATIONS ASSOCIATED WITH CHIROPRACTIC CARE OCCURRING AT A RATE BETWEEN ONE INSTANCE PER ONE MILLION TO ONE PER TWO MILLION CERVICAL SPINE (NECK) ADJUSTMENTS MAY BE A VERTEBRAL INJURY THAT COULD LEAD TO A STROKE.

PRIOR TO RECEIVING CHIROPRACTIC CARE IN THIS CHIROPRACTIC OFFICE, A HEALTH HISTORY AND PHYSICAL EXAMINATION WILL BE COMPLETED. THESE PROCEDURES ARE PERFORMED TO ASSESS YOUR SPECIFIC CONDITIONS, YOUR OVERALL HEALTH AND YOUR SPINAL HEALTH. THESE PROCEDURES WILL ASSIST US IN DETERMINING IF CHIROPRACTIC CARE IS NEEDED, OR IF ANY FURTHER EXAMINATIONS OR STUDIES ARE NEEDED. IN ADDITION, THEY WILL HELP US DETERMINE IF THERE IS ANY REASON TO MODIFY YOUR CARE OR PROVIDE YOU WITH A REFERRAL TO ANOTHER HEALTH CARE PROVIDER. ALL RELEVANT FINDINGS WILL BE REPORTED TO YOU ALONG WITH A CARE PLAN PRIOR TO BEGINNING CARE.

I UNDERSTAND AND ACCEPT THAT THERE ARE RISKS ASSOCIATED WITH CHIROPRACTIC CARE AND GIVE CONSENT TO THE EXAMINATION THE DOCTORS DEEM NECESSARY AND THE CHIROPRACTIC CARE, INCLUDING SPINAL ADJUSTMENTS, AS REPORTED FOLLOWING MY ASSESSMENT.

Print Name _____

Signature _____ Date _____

IF PRACTICE MEMBER IS A MINOR/CHILD, PARENT OR GUARDIAN MUST SIGN BELOW.

Signature of Guardian _____

Relationship to Minor _____ Date _____

Witness _____ Date _____

LIFTED CHIROPRACTIC ADVANCED BENEFICIARY NOTICE (ABN)

The purpose of this form is to help you be aware of chiropractic services in this office as it relates to any medical insurance you may have. Chiropractic care in this office is not focused on diagnosis of or relief of symptoms; it is centered on the location, analysis, and correction of underlying vertebral subluxations. Because of this, all services are coded in a manner which insurance carriers view as maintenance or wellness care and most likely will not be covered. Signing below signifies that you want the services provided in this office, but understand that they will not be billed to your insurance company. Therefore, you are responsible for payment and cannot appeal to your insurance carrier as they were not submitted and/or billed to them. This notice gives our opinion and policies as it relates to insurance coverage, not an official Medicare or other insurance carrier's stance or decision.

Signing below indicates you have received and understand this notice.

Date _____

Print Name _____

Signature _____

Parent/Guardian _____